



SEXUAL HARASSMENT PREVENTION TRAINING

Bystander Intervention Model Training

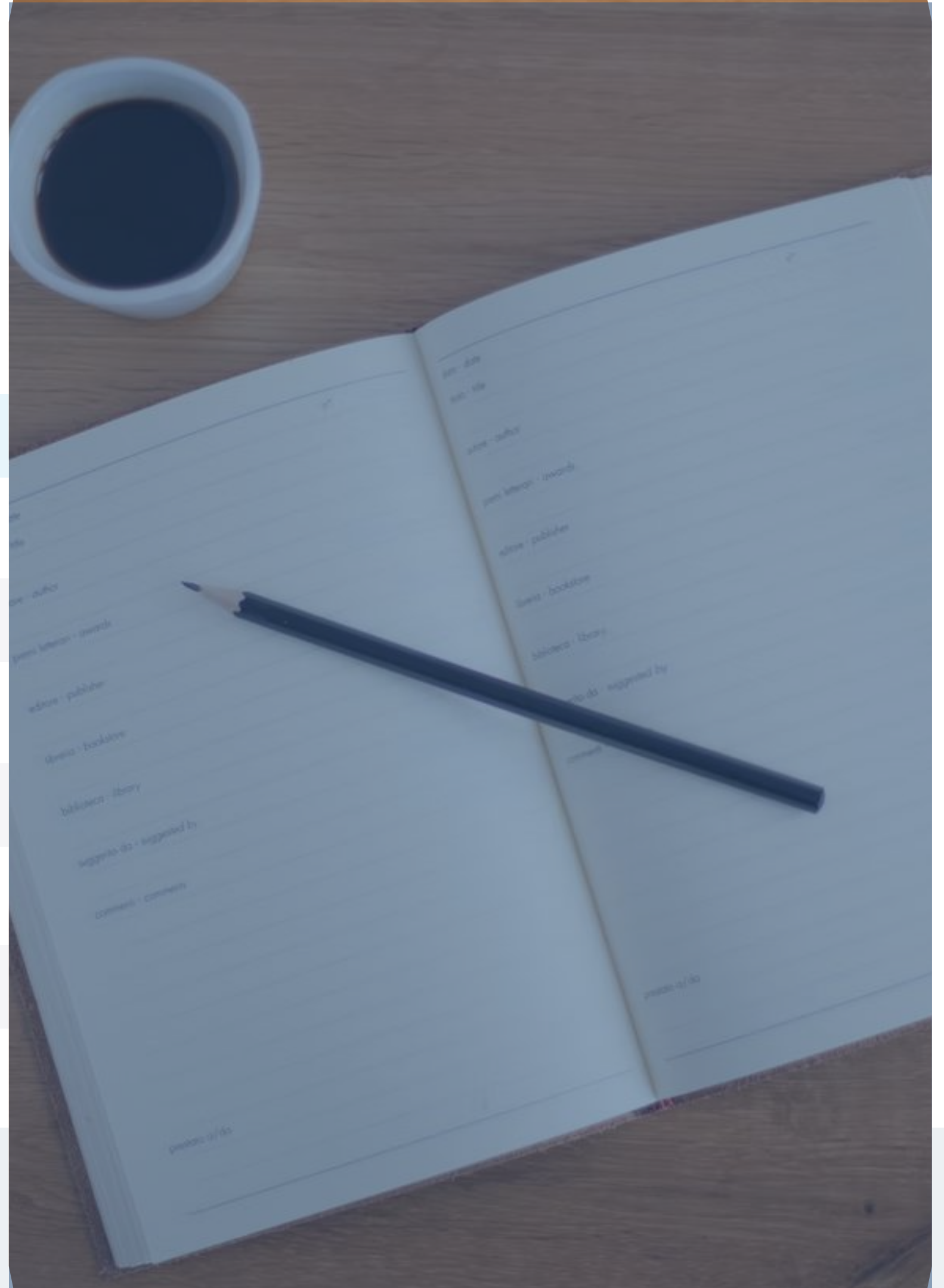
CITY OF CHICAGO

What is sexual harassment?

What is bystander intervention?

When should I intervene?

How can I intervene in a safe, productive, and active way?



What is Sexual Harassment?

Under the Chicago Human Rights Ordinance, “Sexual harassment” means any unwelcome sexual advances or unwelcome conduct of a sexual nature; or requests for sexual favors, or any conduct of a sexual nature when:

Submission^{0 1} to such conduct is made either explicitly or implicitly a term or condition of an individual’s employment.

Submission^{0 2} to or rejection of such conduct by an individual is used as the basis for any employment decision affecting the individual.

Such conduct^{0 3} has the purpose or effect of substantially interfering with an individual’s work performance or creating an intimidating, hostile or offensive working environment.

Sexual misconduct^{0 4}, which means any behavior of a sexual nature which also involves coercion, abuse of authority, or misuse of an individual’s employment position.



Types of Unlawful Sexual Harassment

Quid Pro Quo Sexual Harassment

"You do something for me, and I'll do something for you."

This means that a manager or supervisor may not tell an employee that in order to receive a promotion, raise, preferred assignment, or other type of job benefit – or to avoid something negative like discipline or an unpleasant assignment – the employee must do something sexual in return.

Hostile Work Environment Sexual Harassment

"The air at work is full of sexual references and it is impacting me."

A hostile work environment may occur when unwelcome sexual advances, requests for sexual favors, or any conduct of a sexual nature has the purpose or effect of substantially interfering with an individual's work performance or creating an intimidating, hostile or offensive working environment.





Gender identity can be defined as one's innermost concept of self as male, female, a blend of both or neither – how individuals perceive themselves and what they call themselves. One's gender identity can be the same or different from their sex assigned at birth.

A person can be the victim of sexual harassment regardless of the victim's gender identity or the perpetrator's gender identity.

A person can be the victim of sexual harassment regardless of the victim's sexual orientation or the perpetrator's sexual orientation.



What are Examples of Inappropriate Conduct?

Sexual harassment includes unwelcome conduct of a sexual nature (sexual advances and requests for sexual favors). You can see some examples in the boxes

Pressure for sexual favors or to go out on a date

Deliberate touching, leaning over, or cornering another person

Sexual looks or gestures or whistling at someone

Sending letters, telephone calls, e-mails, texts, or other materials of a sexual nature

Sexual teasing, jokes, remarks, or questions

Referring to another as a “girl,” “hunk,” “doll,” “babe,” “honey,” “tootsie”, etc.

Actual or attempted rape or sexual assault

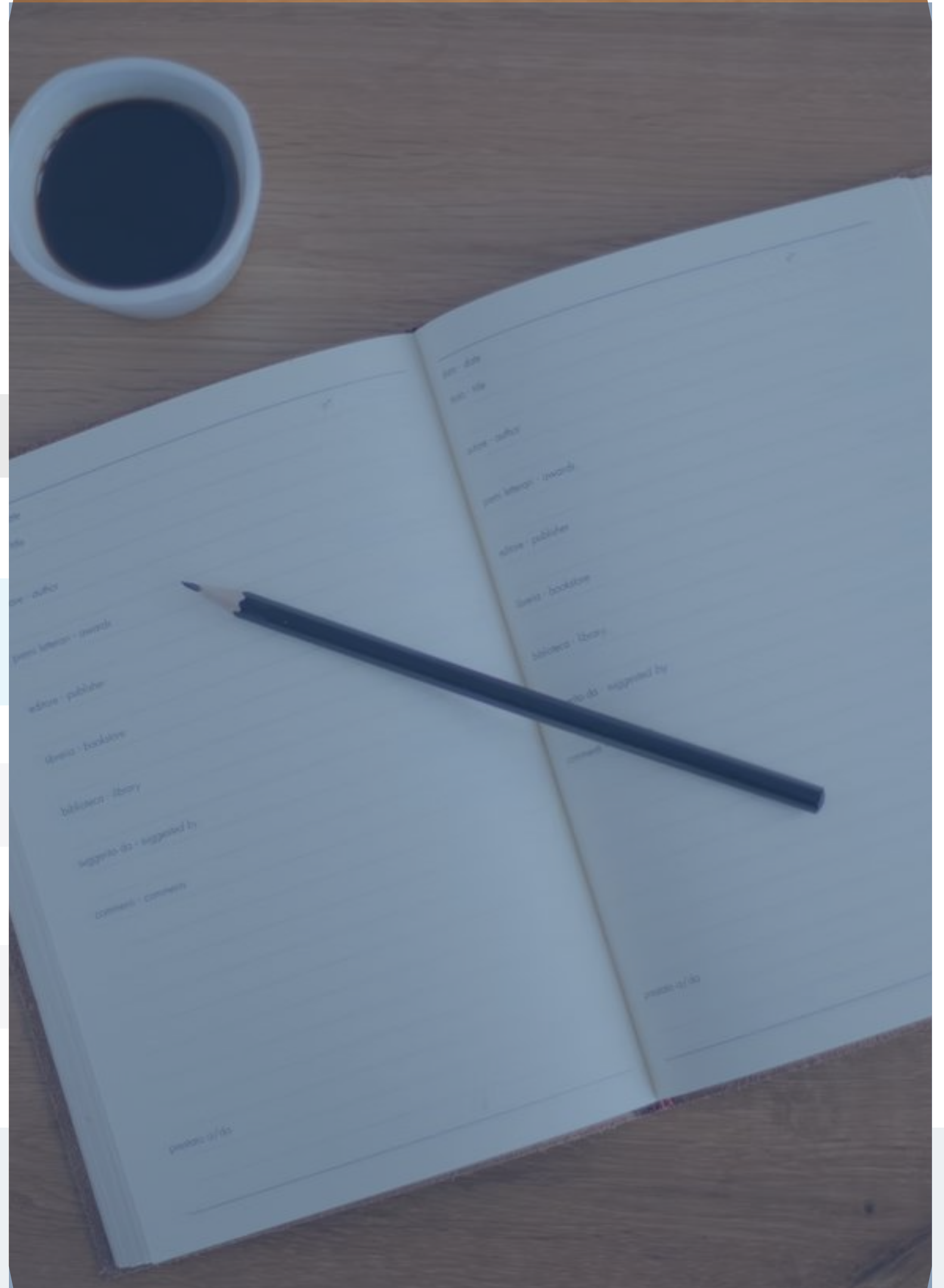


What is sexual harassment?

What is bystander intervention?

When should I intervene?

How can I intervene in a safe, productive, and active way?





What is bystander intervention in sexual harassment?

Bystander intervention involves safe and positive actions that may be carried out by a person, or a group of people to prevent harm or intervene where there is a risk or perceived risk of sexual harassment to another.



Bystander intervention includes:

Recognizing situations of potential sexual harassment

Understanding institutional structures and cultural conditions that facilitate sexual harassment

Overcoming barriers to intervening, identifying safe and effective intervention options

taking action to intervene

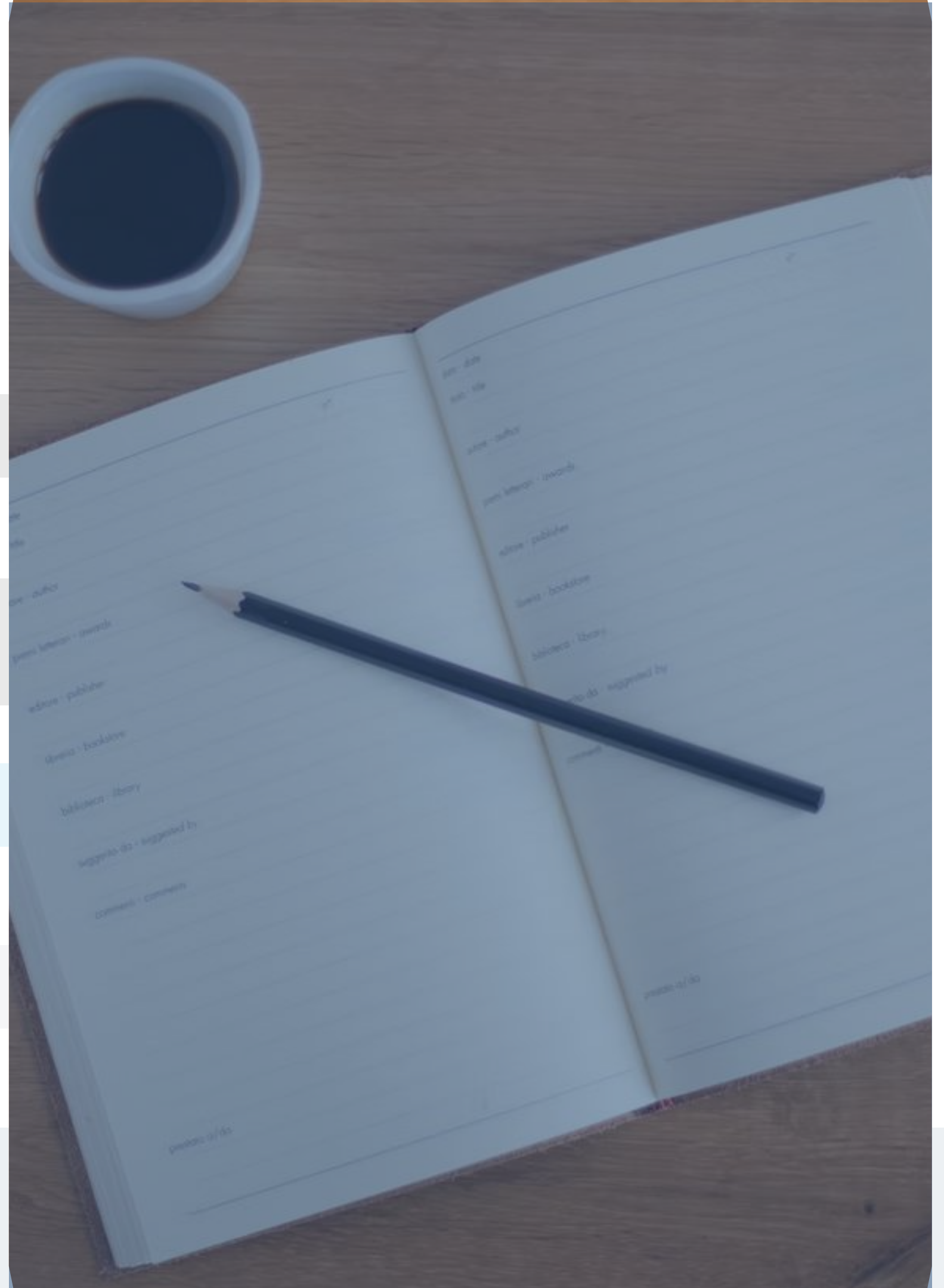


What is sexual harassment?

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How can I intervene in a safe, productive, and active way?



What is a bystander?

A bystander is someone who observes some incident but chooses not to get involved.

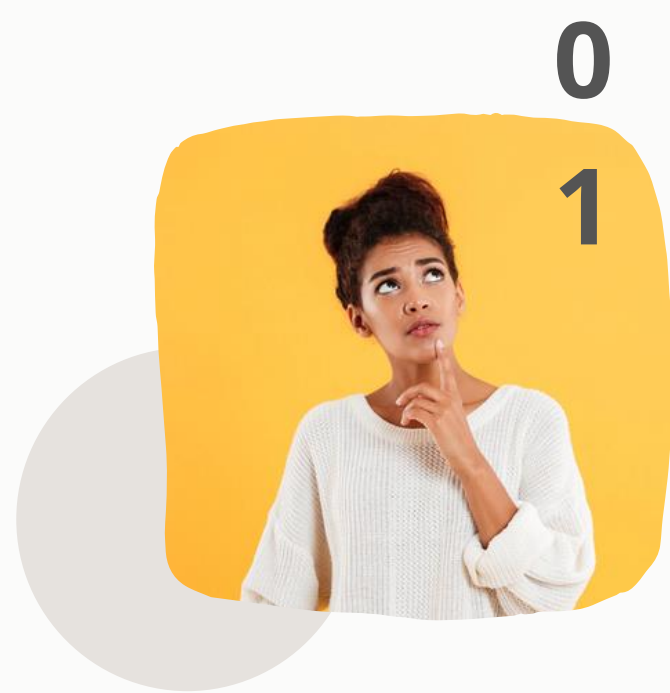
What is the bystander effect?

The bystander effect occurs when the presence of others discourages intervening in an emergency situation, against a person bully, or during an assault or other crime. For our purposes today, during an incident of sexual harassment. The greater the number of bystanders, the less likely it is for any one of them to provide help to a person in distress.



How do I know if I'm being a bystander?

When should I intervene?



Notice

Notice the event: Ask yourself:
Does this person seem uncomfortable?



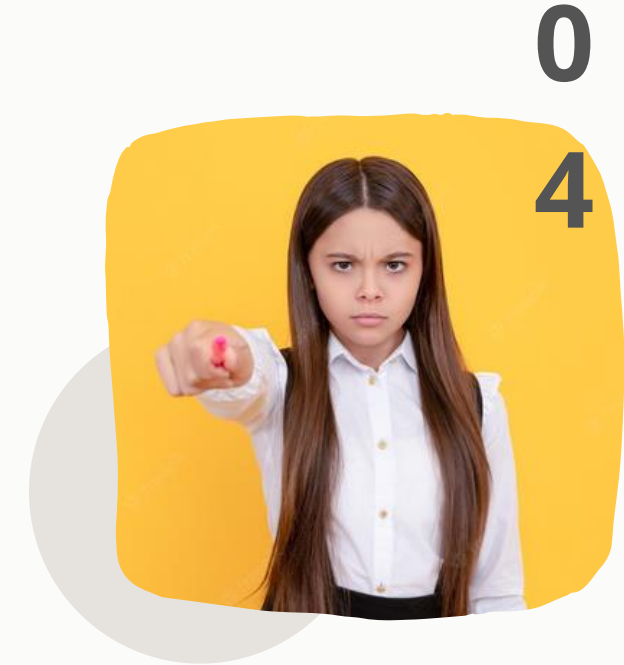
Recognize

Recognize the situation as problematic: Ask yourself: What about the situation isn't right, or doesn't sit well with you?



Assume

Assume personal responsibility: Ask yourself:
What are the potential barriers/consequences of intervening?



Take action

Take action on the situation

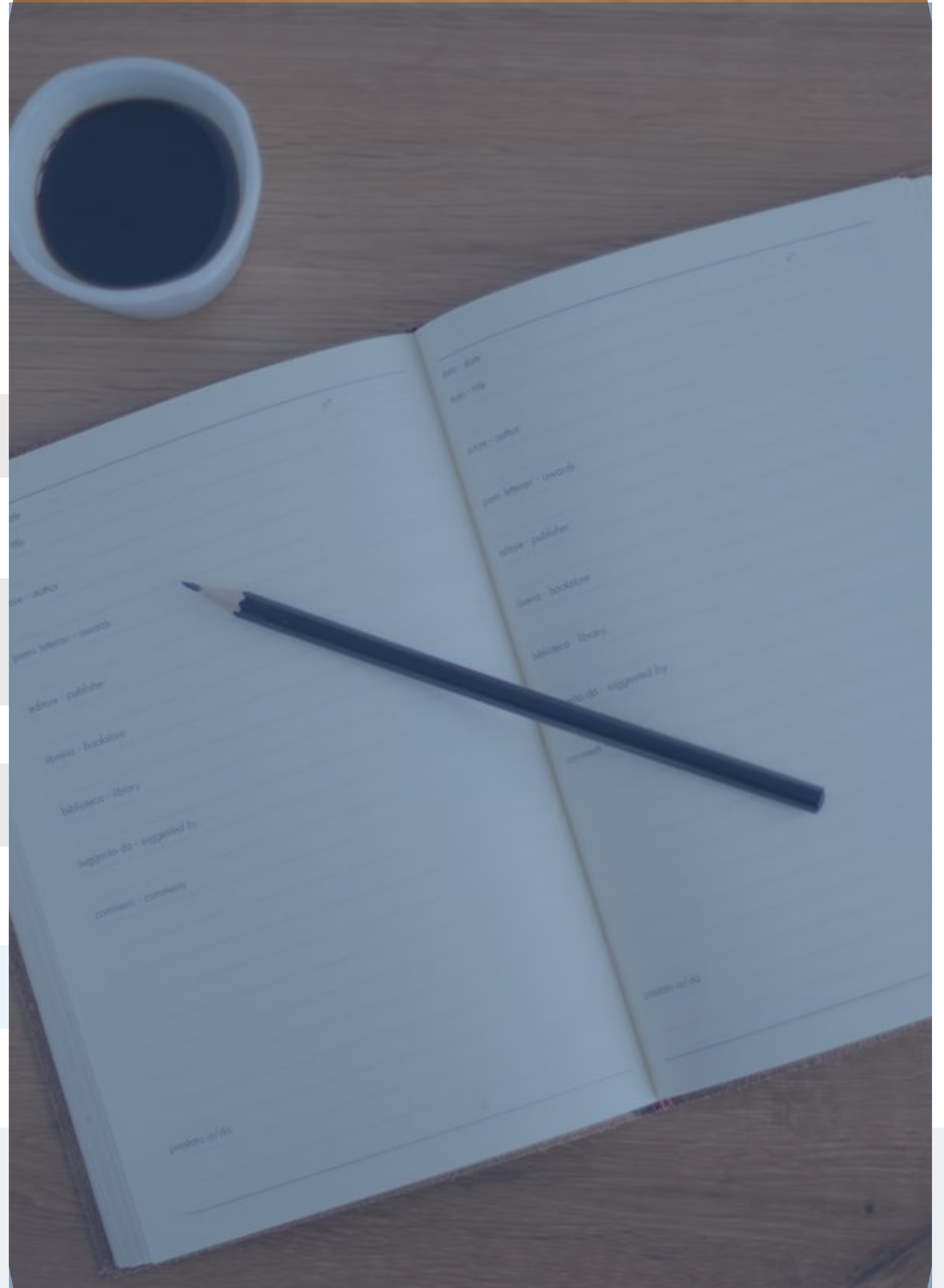


What is sexual harassment?

What is bystander intervention?

When should I intervene?

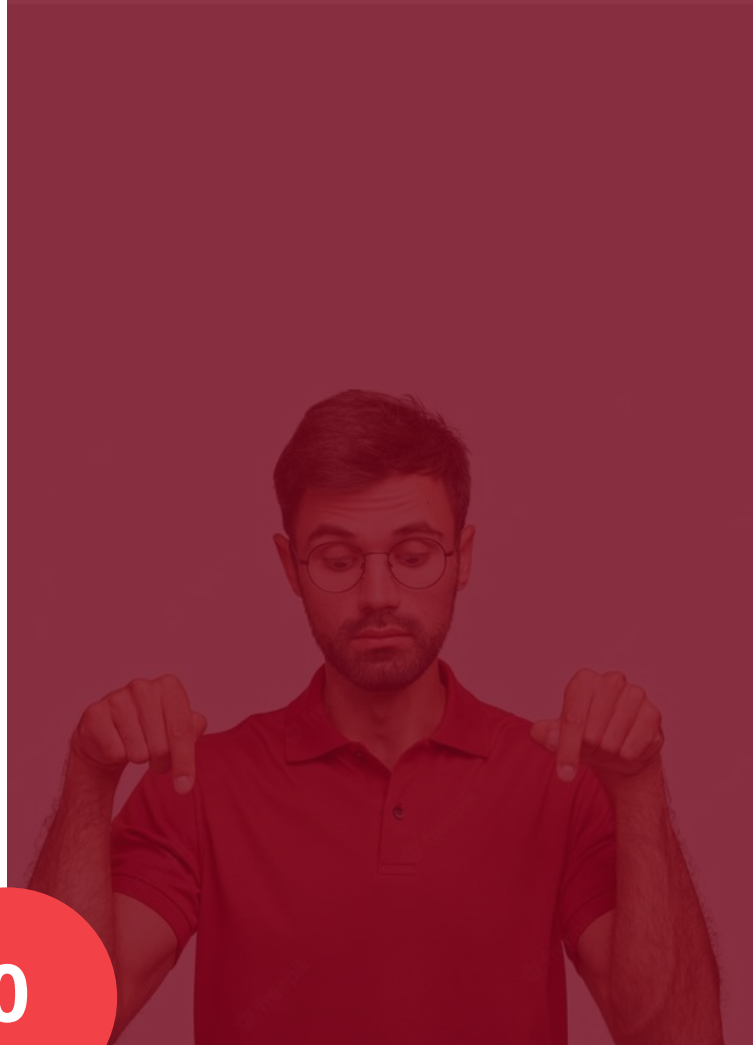
How can I intervene in a safe, productive, and active way?





Important things to consider

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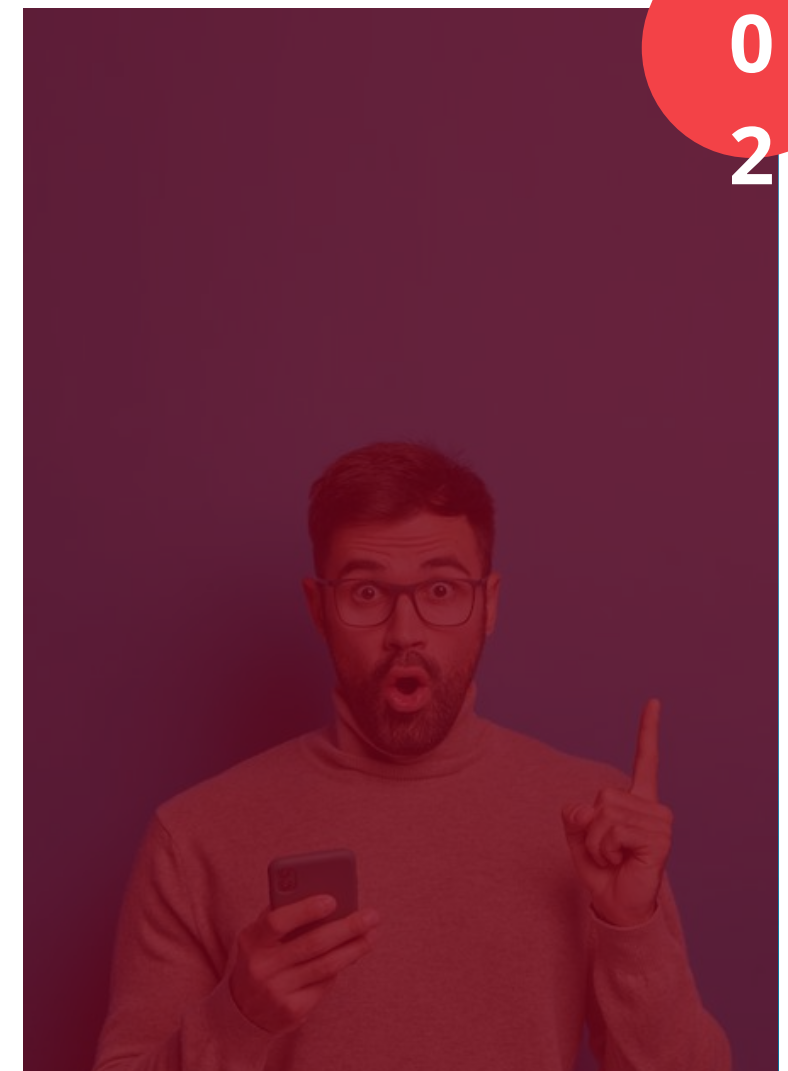
Identify the tone of the act

This will determine how you choose to respond

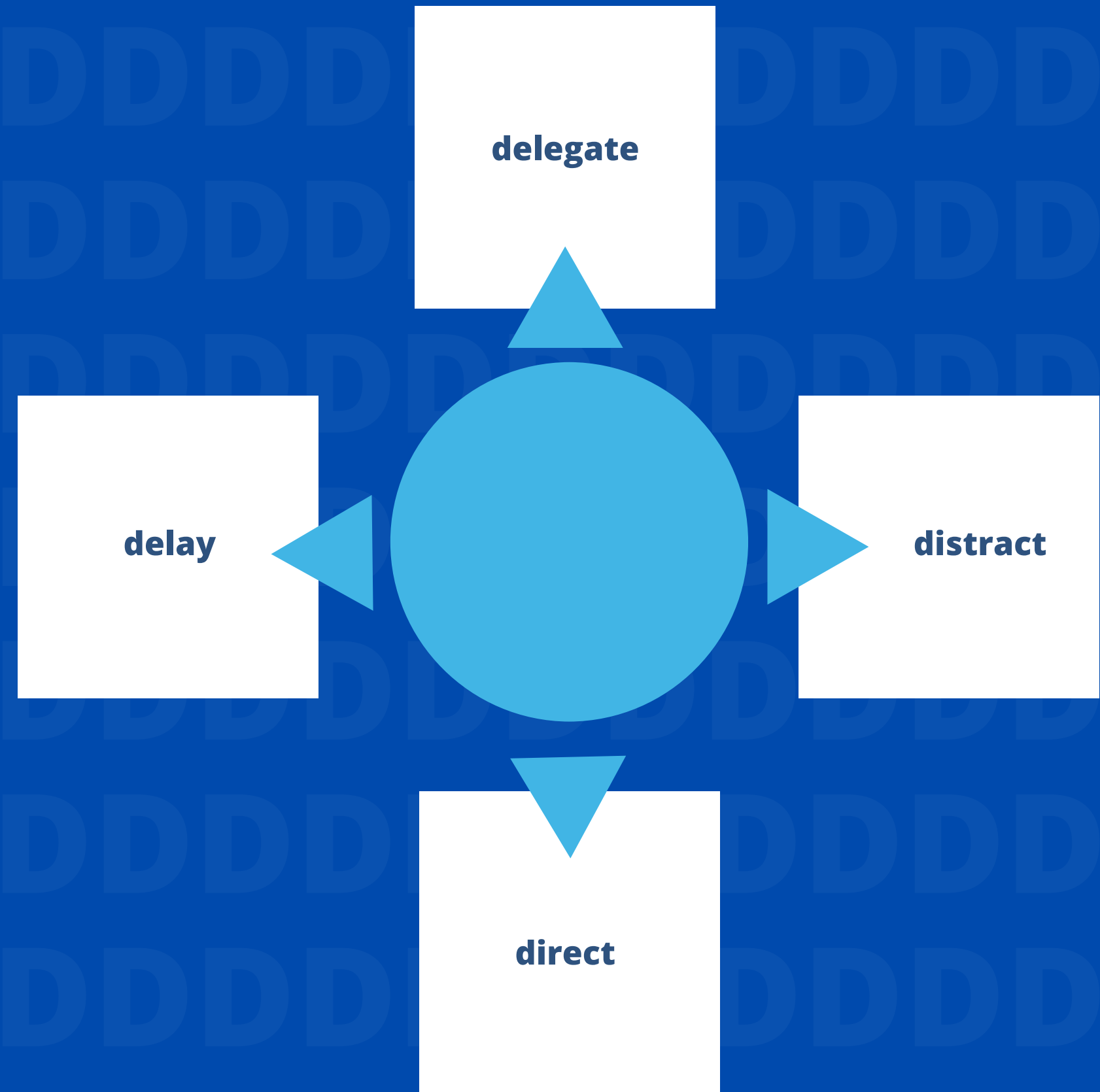
Consider your relationship to the offender

Are you friends? Strangers?
Coworkers?

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The 4D's



Delegate

**Delegate
Responsibility**

● **Notice what does this look like?**

Ask for help from a third party (i.e. supervisor, manager, human resources, etc.)

Ask people around you to get help while you monitor the situation





Distract

- **Engage directly with the perpetrator and/or the person being targeted: talk about anything other than the harassment**

Ask for the time, directions, etc.

Get in the way, but continue what you were doing





Direct

Direct

- **Before choosing to do this, assess your safety. Will direct confrontation make the situation better or worse?**
- **Directly respond to the harasser. You can say things like:**
 - “Leave them alone”
 - “This is inappropriate, disrespectful, etc.”
- **Ask the person if they need help**



Delay



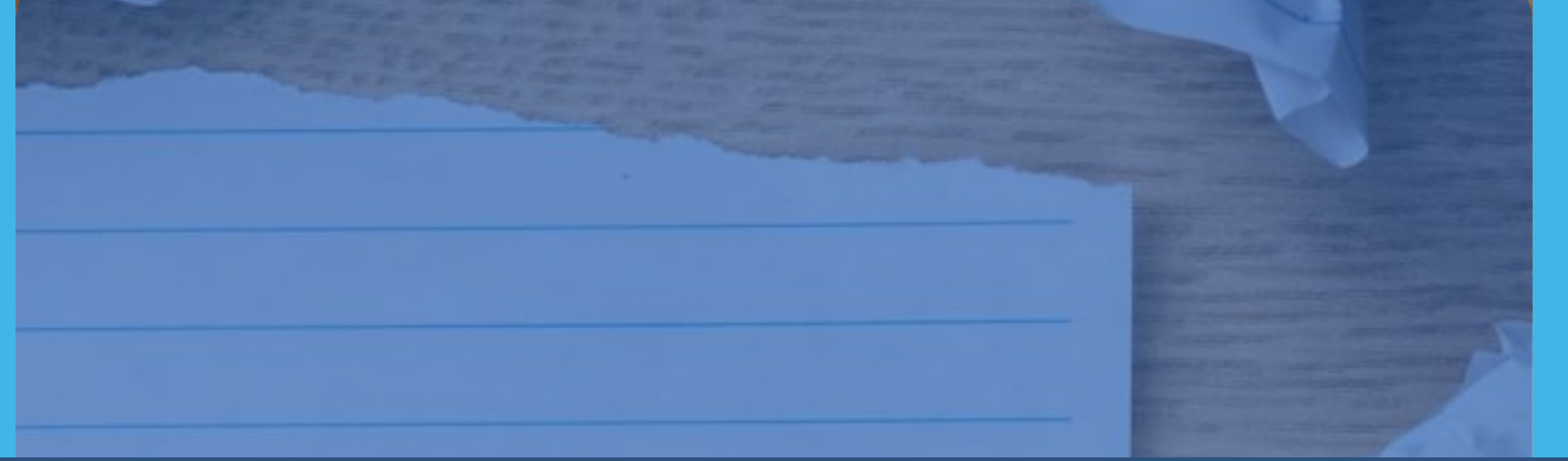
Delay



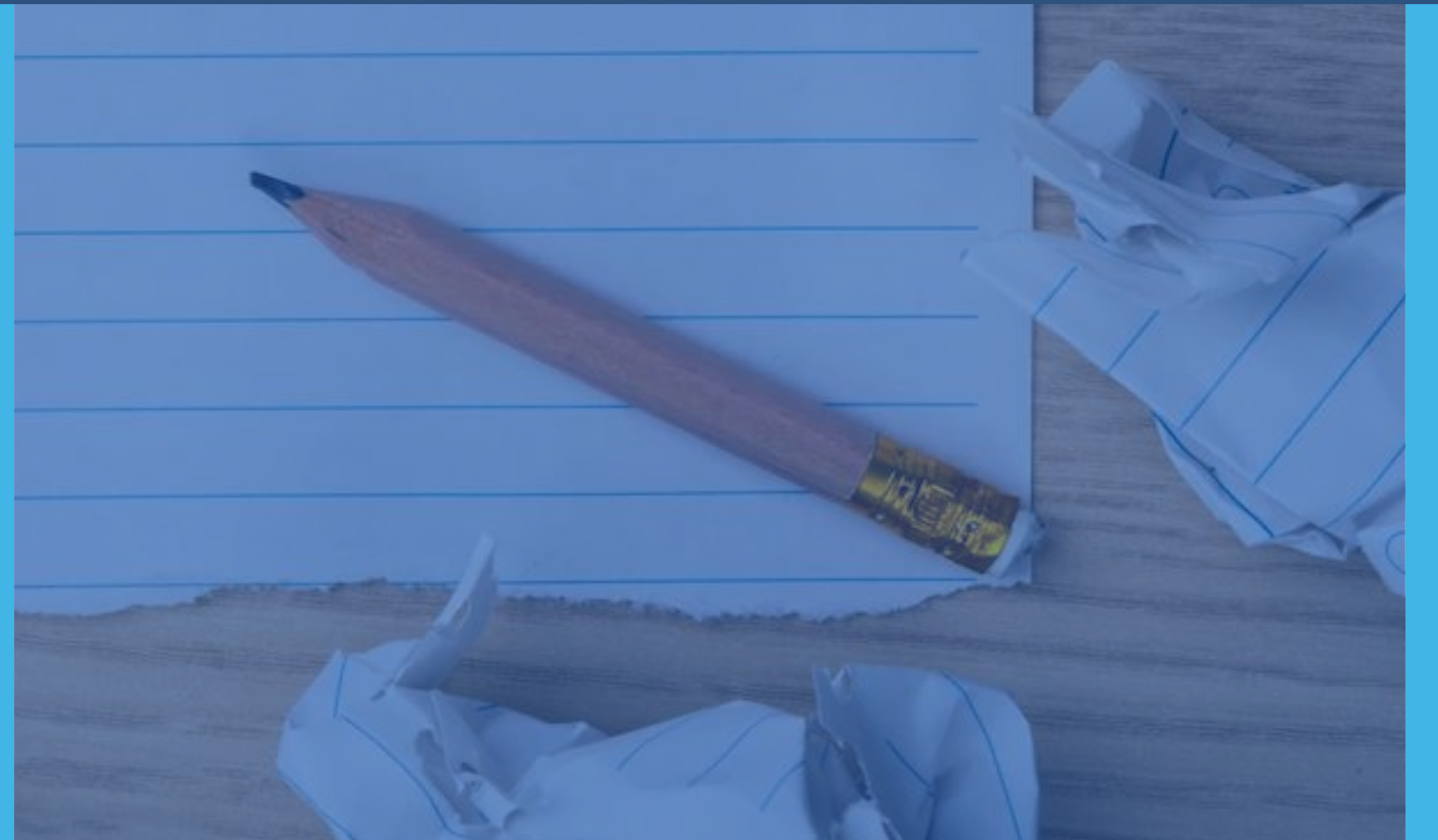
Check in with the victim afterwards

Ask if they're okay, if they need any support, and offer them resources





Let's Practice!



Scenario #1

One morning you walk into the office to find the new intern, Susan sitting at her desk looking uncomfortable as the manager, Bob stands behind her with his hands on her shoulders talking to her about the assignment he gave her.

What do you do?



Scenario #1: Try these Remember the 4Ds

- **Delegate:** Tell Bob's supervisor or the Human Resources manager what's happening
- **Distract:** Ask the intern, "Hey, Susan would you like to grab a cup of coffee?"
- **Direct:** Tell the manager, "Hey Bob, give Susan some space."
- **Delay:** As soon as Bob walks away, go and ask Susan, "You looked uncomfortable, are you ok? I saw what happened. Do you need to talk to someone in Human Resources about this? I'll go with you."



Scenario #2

In a meeting of your project group, your manager Sarah welcomes David, a new member to the team. Sarah jokingly tells David, “It’s going to be fun having a new young stud in the office,” as she grabs hold of his hand with a smile. David looks clearly embarrassed.

What do you do?



Scenario #2: A few more ideas

- Delegate: Tell Sarah's supervisor or the Human Resources manager what happened.
- Distract: Knock over your cup of coffee. Do something to cause a commotion (safely).
- Direct: Tell the Sarah, "Take it easy on the new guy, it's only his first day."
- Delay: After the meeting, tell David, "I saw what just happened. Are you ok? We can report this you know."



Scenario #3

Bill is excited to have recently been promoted into a position he had previously applied for, but was not selected.

After a couple of weeks in the position, his boss Steve tells him, "I really like you Steve. You know I pushed for you to get this promotion. I think we're going to make a great team." He then leans over in Bill's ear and says, "I expect that you will show your gratitude at the appropriate time," while squeezing Bill's bicep. Bill tells you about the encounter at lunch.

What do you do?

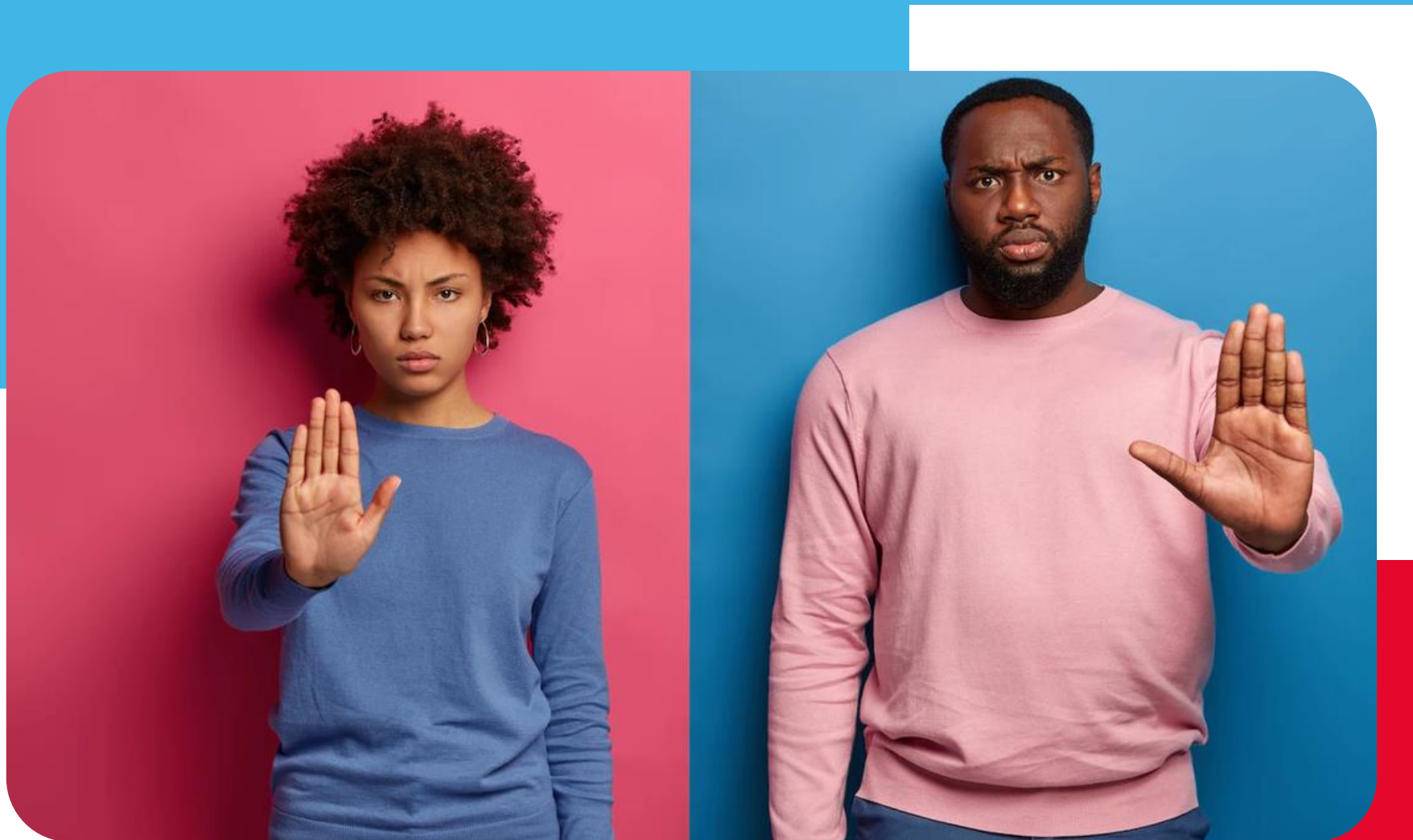


Scenario #3: Other options

- **Delegate:** Tell Steve's supervisor or the Human Resources manager what happened.
- **Distract:** This wouldn't be an option this time since the event is over.
- **Direct:** Tell Steve, "Bill told me about how you welcomed him to the team. I don't think that was appropriate."
- **Delay:** Inform Bill that he should report the incident to Steve's boss or the Human Resources manager, and offer to go with him.



We all have power to prevent sexual harassment with the 4Ds



Delegate: Get Help!

Distract: Do something to break the moment! Cough loudly, drop something, be a pest!

Direct: Tell the perpetrator to stop in a way that you feel comfortable doing.

Delay: Check in with the victim of the sexual harassment to make sure they are ok and to offer any help or resources that you can

But at all times, before you act, assess your safety!



Additional Resources

Victims of sexual harassment can file complaints with the following agencies:

 **Chicago Commission on Human Relations (CCHR)**

www.chicago.gov/cchr
312-744-4474
cchr@cityofchicago.org

 **Illinois Department of Human Rights (IDHR)**

www.Illinois.Gov/DHR
1-800-662-3942

 **U.S. EEOC**

www.EEOC.Gov
1-800-669-
4000

For further information about sexual harassment, or the services and programs of the CCHR, please contact us at:

Chicago Commission on Human Relations

740 N. Sedgwick Street, Suite 400 | Chicago, IL 60654

(312)744-4111

Fax: (312)744-1081

cchr@cityofchicago.org

www.chicago.gov/cchr

Follow us on social media:



@ChiCCHR



@ChicagoCHR



CITY OF CHICAGO

SEXUAL HARASSMENT Prevention Training

Certificate of Participation Bystander Intervention Training

I certify that I have carefully read and reviewed the content of, and completed, Sexual Harassment Prevention Training pursuant to the Chicago Human Rights Ordinance, Municipal Code of Chicago, 6-010-040.

Training Participant Information:

Printed Name - First, Middle Initial, Last

(Birth Month and Day)

Training Date/Location | (Company Name/Work Location)

(Training Date)

Training Method

Your Signature

Issuing year: _____



SEXUAL HARASSMENT Prevention Training

CITY OF CHICAGO

Sexual Harassment is Prohibited in Chicago

The Chicago Human Rights Ordinance makes it a civil rights violation “[f]or any employer, employee, agent of any employer, employment agency or labor organization to engage in sexual harassment.” Municipal Code of Chicago, 6-010-040.

Access the municipal code through:

<https://www.chicityclerk.com/legislation-records/municipal-code>

The Chicago City Council finds that **tolerance of sexual harassment has a detrimental influence in workplaces by creating a hostile environment for employees**, reducing productivity, and increasing legal liability.



The City of Chicago encourages employers to **adopt and actively implement policies to ensure their workplaces are safe for employees** to report concerns about sexual harassment without fear of retaliation, loss of status, or loss of promotional opportunities.



Employers Required to Provide Sexual Harassment Prevention

Training for All Employees

Every employer in the City of Chicago is required to **provide employees with sexual harassment prevention training annually** in compliance with section 6-010-040 (b)(1)(C) of the Chicago Human Rights Ordinance.

Remember:

Anyone who supervises or manages employees shall participate in a minimum of two hours of sexual harassment training annually.

All employees must participate in one hour of bystander intervention training annually.

All employees regardless of their status (i.e. short-term, part-time, or intern) must be trained.

If an employer has an independent contractor working on-site with the employer's staff, the independent contractor should receive sexual harassment prevention training.



In this training we'll cover:

Overall Explanation

An explanation of sexual harassment consistent with the Chicago Human Rights Ordinance

01

Overall Examples

Examples of conduct that may constitute unlawful sexual harassment

02

Laws Summary

A summary of Federal, State, and local laws concerning sexual harassment including remedies available to victims

03

Responsibilities Summary

A summary of employer responsibilities in the prevention, investigation, and corrective measures of sexual harassment



I. What is Sexual Harassment?

Under the Chicago Human Rights Ordinance, “Sexual harassment” means any unwelcome sexual advances or unwelcome conduct of a sexual nature; or requests for sexual favors, or any conduct of a sexual nature when:

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Types of Unlawful Sexual Harassment

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This means that a manager or supervisor may not tell an employee that in order to receive a promotion, raise, preferred assignment, or other type of job benefit – or to avoid something negative like discipline or an unpleasant assignment – the employee must do something sexual in return.

Hostile Work Environment Sexual Harassment

"The air at work is full of sexual references and it is impacting me."

A hostile work environment may occur when unwelcome sexual advances, requests for sexual favors, or any conduct of a sexual nature has the purpose or effect of substantially interfering with an individual's work performance or creating an intimidating, hostile or offensive working environment.



Unwelcome Behavior

Sexual conduct becomes sexual harassment when the behavior is unwelcome. Behavior may be unwelcome in the sense that the victim did not solicit or invite it, or in the sense that the victim regarded the conduct as undesirable or offensive.

Welcome behavior can quickly become unwelcome behavior. What starts off as welcome behavior (consensual joking) can cross a line and become unwelcome behavior.

*Also, consent can be revoked at any time. When someone experiencing sexual harassment behavior says, "stop talking to me like this" it **must stop**. The perpetrator cannot use as a defense "Well you started it." or "You were ok with it at first."*



Working Environment

An employee's "working environment" is not limited to the physical location where the employee is assigned.

The "working environment" extends to other worksites including off-site, mobile or moving worksites/locations.

For example, a "working environment" includes the courthouse for a lawyer, or an off-site event for a caterer.



Gender Identity & Sexual Orientation

Gender identity can be defined as one's innermost concept of self as male, female, a blend of both or neither – how individuals perceive themselves and what they call themselves. One's gender identity can be the same or different from their sex assigned at birth.

*A person can be the victim of sexual harassment **regardless** of the victim's gender identity or the perpetrator's gender identity.*

*A person can be the victim of sexual harassment **regardless** of the victim's sexual orientation or the perpetrator's sexual orientation.*



Employees and Nonemployees as Victims of Sexual Harassment

*The Chicago Human Rights Ordinance **protects Employees and Nonemployees** from sexual harassment.*

Victims of sexual harassment can include **Employees and Nonemployees** when sexually harassed by other Employees or Nonemployees.

Victims of sexual harassment can include not only the target of the sexual harassment, but also those Employees or Nonemployees who are Bystanders or Witnesses to the sexual harassment.

Employees include co-workers, supervisors and managers.

Nonemployees include persons who are not employees, but are directly performing services for an employer, such as contractors or consultants (independent contractors or gig workers).



Customers/Patrons as Victims of Sexual Harassment

*The Chicago Human Rights Ordinance **protects Customers/Patrons** from sexual harassment in “places of public accommodation,” such as stores, hotels, restaurants, theaters, museums, health clubs and hospitals.*

Employers that are also “places of public accommodation” are responsible for sexual harassment of Customers/Patrons when perpetrated by their Employees or Nonemployees.



Employees and Nonemployees as Perpetrators of Sexual Harassment

*The Chicago Human Rights Ordinance **prohibits Employees and Nonemployees** from engaging in sexual harassment.*

Employers are responsible for sexual harassment perpetrated by their Employees and Nonemployees against **other Employees and Nonemployees**.

Employers are also responsible for sexual harassment perpetrated by their Employees and Nonemployees against **customers/patrons**.

Employees include co-workers, supervisors and managers.

Nonemployees include persons who are not employees, but are directly performing services for an employer, such as contractors or consultants (independent contractors or gig workers).



Customers/Patrons and Third Parties as Perpetrators of Sexual Harassment

*The Chicago Human Rights Ordinance **prohibits** sexual harassment of Employees and Nonemployees by Customers/Patrons and Third Parties.*

Los empleadores son responsables del acoso sexual de sus empleados y no empleados por los clientes/patrones.

Employers are also responsible for sexual harassment of their Employees and Nonemployees by Third Parties such as sales representatives, vendors, and/or delivery persons.



What are Examples of Inappropriate Conduct?

Sexual harassment includes unwelcome conduct of a sexual nature (sexual advances and requests for sexual favors).

You can see some examples in the boxes

Pressure for sexual favors or to go out on a date

Deliberate touching, leaning over, or cornering another person

Sexual looks or gestures or whistling at someone

Sending letters, telephone calls, e-mails, texts, or other materials of a sexual nature

Sexual teasing, jokes, remarks, or questions

Referring to another as a “girl,” “hunk,” “doll,” “babe,” “honey,” “tootsie”, etc.

Actual or attempted rape or sexual assault



More examples of conduct that may constitute sexual harassment include

Turning work discussions to sexual topics

Asking about sexual fantasies, preferences, or history

Sexual comments, sexual innuendos, or sexual stories

Sexual comments about a person's clothing, body, or looks

Kissing sounds, howling and smacking lips

Telling lies or spreading rumors about a person's sex life

Massaging neck, shoulders, etc.

Touching another employee such as their clothing, hair, or body



Sexual Harassment in Online Environments

Our conduct online and through social media **can constitute sexual harassment** even when it occurs “off the clock”, “off-site”, or even “out of state”.

Online sexual harassment **includes using e-mail, cell phone texts, internet posting, online comments, blog posts, and social media** (such as Facebook, Twitter, LinkedIn, Instagram, YouTube, and Snapchat) to send communications of a sexual nature. Examples include:


Flirting and requests or demands to go on a date or have sex

Sending inappropriate pictures or videos including sexually graphic material

Using sexual language or comments including sexually offensive language

Cyberstalking





What can I do if I experience, witness, or become aware of unwelcome sexual conduct?

If you experience, witness or become aware of unwelcome sexual conduct, know that:

You have the **right to tell the person to stop**. The initiating and participating persons must stop the unwelcome behavior upon request. If they continue the behavior or retaliate against you because you asked them to stop, **they can be found to have violated the law** by engaging in sexual harassment or retaliation.

You have the **right to report the sexual harassment**. Several reporting options are available. The option you choose may depend on the nature and severity of the unwelcome conduct of a sexual nature. Persons who report sexual harassment or participate in investigations **are protected** from retaliation.



Is my Employer Responsible for Sexual Harassment?

If you experience, witness or become aware of unwelcome sexual conduct, know that:

Manager/Supervisor Harassment

Employers are strictly liable for sexual harassment perpetrated by its members of management regardless of whether the employer knew of the harassment.

Co-Worker & Nonemployee Harassment

Employers are liable for sexual harassment perpetrated by an employee (co-worker) or nonemployees (vendors) only if the employer knew or reasonably should have known of the harassment and failed to take prompt corrective action.



Reporting Sexual Harassment: Several Options

The choice of how to report an allegation of sexual harassment is a personal one, and these options are not mutually exclusive. You may pursue one or more of the following reporting options:

Report the Incident to Your Employer

File a Complaint with the Chicago Commission on Human Relations

File a Charge with the Illinois Department of Human Rights (IDHR)

File a Charge with the U.S. Equal Employment Opportunity Commission (EEOC)



Reporting Sexual Harassment to an Employer

Report the incident to one or more of the following employer representatives:



Your Supervisor or any member of management you trust. Supervisors and members of management are responsible for knowing the employer's internal complaint investigation and resolution process. Supervisors can help effect immediate positive change

Human Resources Officers can work with management to investigate and resolve sexual harassment complaints. This option may be preferred, if the perpetrator of the sexual harassment is a supervisor or manager

Designated Sexual Harassment Reporting Officers are often established by employers to specifically receive and investigate sexual harassment complaints. Consult your employer's sexual harassment policy for specific reporting contact information



Reporting Sexual Harassment to the Chicago Commission on Human Relations (CCHR)

The CCHR is the civil rights agency for the City of Chicago responsible for enforcing the Chicago Human Rights Ordinance, which makes it illegal to engage in sexual harassment or retaliation

Complainants (victims of sexual harassment) may file a charge at any time within 365 days of the incident(s). The act must have occurred within the City of Chicago

CCHR has jurisdiction (authority) to investigate employers who have 1 or more employees

Complaints may be filed with CCHR in person, online, by email, or by fax



Remedies Available Under The Chicago Human Rights Ordinance

You have the **right to report the sexual harassment**. Several reporting options are available.

The option you choose may depend on the nature and severity of the unwelcome conduct of a sexual nature. Persons who report sexual harassment or participate in investigations are protected from retaliation.

After an investigation by the CCHR, if substantial evidence of an ordinance violation is found, a public administrative hearing will be held (before a hearing officer)

The hearing officer will make a recommended decision on liability and relief

The CCHR Board of Commissioners may either accept, reject or modify the decision of liability and the recommended relief. The decision may include:

||| Fine up from \$5,000 - \$10,000 per violation (paid to the City)

||| Remedies for the complainant

>> Damages (out-of-pocket, emotional distress, punitive damages)

>> Injunctive relief (order to correct discriminatory practices).

>> Attorney fees

Penalties under other ordinances

- May affect business or liquor license. (Sec. 4-4-280, Muni. Code)
- May affect eligibility for City contracts. (Ch. 2-92, Muni. Code)





Reporting Sexual Harassment to the CCHR

Chicago Commission on Human Relations

740 N. Sedgwick, 4th Floor,
Chicago, IL 60654

312-744-4111

cchr@cityofchicago.org

www.chicago.gov/cchr



Reporting Sexual Harassment to the Illinois Department of Human Rights (IDHR)

The Illinois Department of Human Rights (IDHR) is a state agency responsible for enforcing the Illinois Human Rights Act, the state law which makes it illegal to engage in sexual harassment or retaliation.

- Complainants (victims of sexual harassment) may file a charge at any time within 300 days of the incident(s).
- IDHR has jurisdiction (authority) to investigate employers who have 1 or more employees.
- To start the process, submit a Complainant Information Sheet to IDHR



Remedies Available Under The Illinois Human Rights Act

After IDHR completes its investigation, the Complainant (the employee):

- *May file a lawsuit in civil court, or*

2. May file a complaint with the Illinois Human Rights Commission (HRC) if IDHR found “substantial evidence” of a violation.

- Complainants who prevail in the HRC or Court may receive an **order awarding remedies** allowed by the Illinois Human Rights Act to make the Complainant “whole.”
- **Remedies may include:** back pay, lost benefits, clearing of a personnel file, damages, hiring, promotion, reinstatement, front pay where reinstatement is not possible, and attorney’s fees and costs.



Reporting Sexual Harassment to the IDHR

Departamento de Derechos Humanos de Illinois (IDHR)

555 W. Monroe St., 7th Floor, Chicago, IL 60661

To file a charge or call IDHR
1-800-662-3942

other numbers:
312-814-6200 |
866-740-3953 (TTY)

WWW.ILLINOIS.GOV/DHR



Reporting Sexual Harassment to the U.S. EEOC

The United States Equal Employment Opportunity Commission (EEOC) is responsible for enforcing Title VII of the Civil Rights Act of 1964, the federal law that makes it illegal to engage in sexual harassment or retaliation.

- Complainants (victims of sexual harassment) may file a charge at any time within 300 days of the incident(s).
- The EEOC has jurisdiction (authority) to investigate employers who have 15 or more employees.
- To start the process, call the EEOC or visit their website.



Remedies Available Under Title VII of the Civil Rights Act of 1964

- *After EEOC completes its investigation:*
 - *The Complainant (the employee) may file a lawsuit in federal court.*
2. *The EEOC may help parties reach a settlement through an informal process called “conciliation” if the EEOC finds “reasonable cause” to believe discrimination occurred.*

- Complainants who prevail in federal court may receive an **order awarding remedies** allowed by Title VII to make the employee “whole.”
- **Remedies may include:** back pay, lost benefits, clearing of a personnel file, damages, hiring, promotion, reinstatement, front pay where reinstatement is not possible, punitive damages, and attorney’s fees and costs.





Reporting Sexual Harassment to the U.S. EEO

U.S. EEOC Chicago District Office

JCK Federal Building, 230 S. Dearborn St., Chicago, IL 60604

To file a charge or call
1-800-669-4000

other numbers:

1-800-669-6820 (TTY for Deaf/Hard of Hearing callers only)
1-844-234-5122 (ASL Video Phone for Deaf/Hard of Hearing callers only)

WWW.EEOC.GOV



Thank you for completing the

ANNUAL SEXUAL HARASSMENT PREVENTION TRAINING

Please take the following actions:

- Print and sign the “Certificate of Participation” provide in the next page.
2. Return the Certificate to your employer representative.





CITY OF CHICAGO

SEXUAL HARASSMENT Prevention Training

Certificate of Participation Sexual Harassment Prevention Training

I certify that I have carefully read and reviewed the content of, and completed, the Sexual Harassment Prevention Training pursuant to the Chicago Human Rights Ordinance, Municipal Code of Chicago, 6-010-040.

Training Participant Information:

Printed Name - First, Middle Initial, Last

(Birth Month and Day)

Training Date/Location | (Company Name/Work Location)

(Training Date)

Training Method

Your Signature

Issuing year: _____